

**Hatboro Horsham Boy's Lacrosse Meeting**  
**September 13<sup>th</sup>, 2023**  
**Head Coach – Gauntlett Walker Jr ([HatsLax@gmail.com](mailto:HatsLax@gmail.com) / 215-858-6869)**

**Introduction**

**IMPORTANT - 2023 - 2024 Remind Info** - Please text 81010 with the message @2024BLax

Please fill out player registration link on the website. This needs to be done by anyone interested to ensure you don't miss out on programming, events, etc.

Lifting/Agility Training – Every Monday, Wednesday, Friday (2:45 – 4:45). The locations will vary depending on the day. We will always stretch at 2:45 at a location determined by the Captains.

Open Turf – Nights will vary depending on field availability. Likely on Thursday nights. Info will be sent out via Remind

Fall ball - \$75 per person. Upper Dublin League folded. Saturday mornings between 10am – 12pm. **Starts THIS SATURDAY (9/16)**. Check Website for Details.

Hudl – To Join <https://www.hudl.com/jointeam> (Team Code - uozyzin)

**Parents Meeting – Will be scheduled for early October. Information will be sent out via Remind.**

**Be on the lookout for Team Gloves, Team Trips/Outings, fundraisers etc.**

Recruitment – Have any interested players email [HatsLax@gmail.com](mailto:HatsLax@gmail.com). Prior experience/equipment not needed